



Pure Perfection aftercare advice

We are passionate about sharing our knowledge so you can receive the best out of your treatment.

Skin Needling

Reactions from treatment:

Reactions from the treatment include: skin redness and flushing, tightness, itching, tenderness, stinging, swelling and some pinpoint bleeding. Effects will usually typically resolve within hours and many people are able to return to their normal activities the same or next day. Some people may react differently and may experience these reactions for longer. However, these reactions are temporary and typically resolve within 3-4 days as the skin returns to normal. There is a small risk of side effects causing the skin to turn very red, blister, swell, peel and later scab and crust. In severe cases infection and ulceration may result, although this is not expected to occur due to the sterility of the derma roller/micro/skin needling device and the minimally invasive nature of the micro-medical needles. Micro/skin needle therapy procedure may cause areas of bruising although this would not normally be expected to occur, the eye contour being the area at most risk. Any such bruising will be temporary.

If you are taking any medication or dietary supplements that can affect platelet function and bleeding time, the severity and period of bruising can be extended, also the presence of petechial (small red or purple spots beneath the skin) may be observed. There is a small risk that hyperpigmentation of the skin can occur after the procedure, although this is not normally expected as the epidermis of the skin is not removed as a result of the procedure. Failure to follow the advice detailed below can increase this risk.

Aftercare Advice: -

- Refrain from touching the skin with your hands until the pores have had chance to close. DO NOT PICK OR PULL THE SKIN. Any redness should subside over a 24 – 48 hour period.
- Gently wash the treated areas on the same day with a mild cleanser but refrain from massaging the face for 2 weeks.
- It is recommended that the use of soaps, other than those recommended by your practitioner, on the treated skin area is restricted until the redness subsides and where possible lukewarm water and / or gentle skin cleansers are used for cleansing. Do not scrub whilst cleansing and pat the skin dry with a clean towel.
- Use of intensive moisturiser is advised for at least a week as your skin may feel drier or tighter after your treatment – this is quite normal.
- Avoid facial products containing fragrance for 3-5 days after treatment as these may irritate the skin.
- Make up can be applied once the skin has settled but ensure all brushes and sponges have been cleaned.
- Refrain from extreme temperatures such as intensive sun light, saunas, sunbed, steam bath for a period of at least 2 weeks after treatment.
- Apply a sunscreen with an SPF30 daily and with regular applications for a period of at least 2 weeks.

- Avoid electrolysis, waxing, bleaching (face), depilatory creams, laser hair removal for at least 7 days after treatment.
- Do not swim in chlorinated water for approximately 14 days.

We would highly recommend on of our demo aesthetic serums or creams to continue your treatment at home.

Wrinkle-specific youth serum/cream

Detoxifying anti-free radical youth serum/cream

Firming- specific youth serum/cream

Reconstructive youth serum/cream

Perfect shape youth (neck area) serum cream

We will look forward to seeing you on your next visit

Kind regards PP team